

October 20, 2008

Dear Recreational Sports Professionals,

Good day, from Southeastern Louisiana University's Recreational Sports and Wellness Department. The staff here is eager to serve you as host of the LCIRSA Fall 2008 conference and tournament. We plan on providing a weekend full of activities you and your students can participate in. We hope you will take advantage of these opportunities to learn from and network with professionals across the state.

We have included activities such as an American College of Sports Medicine Personal Training Workshop; a professional development session with Southeastern's own Ms. Jackie Dale Thomas to discuss professional leadership and mentoring strategies; an afternoon cookout for our student captains and officials; a student development session by new professionals from across the state to recruit or peak the interest of students; volleyball and flag football official's training conducted by area professionals; the Kent Adams Annual Golf Tournament; and the infamous LCIRSA tournament (Volleyball and Flag Football)! During your stay in Hammond, we hope you will join us on November 21st while we host a health fair and trade show with a variety of health and fitness guests. In addition, Missie McGuire – the NIRSA Region IV Vice President – will be in attendance to share her thoughts with us during our annual LCIRSA meeting!

So mark your calendars NOW for November 20th – 23rd to be here at Southeastern Louisiana University as we once again get together in celebration of intramural sports, excellence in professionalism, leadership in wellness and the joy of involvement. The packet we have put together for you is packed full of information for you and your students to be prepared to join us! ACT FAST! The tournament is fast approaching, and we look forward to see your name on our list soon!

In preparing to send your registration materials, please also submit your nominations for a transitional board member position, as Mr. Randy Cooper's 3-year term is almost complete. Currently, we have one nominee. Please forward all nominations to Randy Mast at rmast@warasports.org or fax me at (985) 549-3532 no later than **OCTOBER 28th**.

I can be reached at (985) 549-5727 or dollie@selu.edu to further discuss your involvement with the Fall 2008 State Tournament. For a complete listing of tournament rules and regulations, visit our LCIRSA website at www.LCIRSA.org. Also, please ensure that your LCIRSA membership is up to date!

Respectfully yours,

Dollie Hebert-Crouch

Director, Recreational Sports & Wellness
Southeastern Louisiana University

Enclosed

- Four day LCIRSA Agenda
- Hotel Accomodations
- ACSM Personal Trainer Certification for LCIRSA Members
- Kent Adams Memorial Golf Tournament Registration Form
- Official's Meeting and Director's Dinner Special Reminders!
- LCIRSA Membership Opportunities
- LCIRSA Tournament Packet